



Evaluated providers. Informed choices.

Give your employees the information to choose doctors and care.

With a wide network of providers, knowing where to get quality care that's designed to be affordable can be a challenge. Your employees need easy-to-use tools that help them navigate the system and make more informed health care decisions. From finding a doctor to evaluating treatment options and understanding how to influence the cost of care, everyone could use some help.

The UnitedHealth Premium® program has over 10 years of addressing variation in the cost and quality of health care. It is one of the longest running physician quality and cost-efficiency designation programs in the industry, and we continue to enhance the program to deliver value for all stakeholders.

The program evaluates physicians in various specialties using evidence-based medicine and national standardized measures to help your employees locate quality and cost-efficient providers. It's easy for members to find a UnitedHealth Premium Care Physician when they go to myuhc.com® and click on **Find a Doctor**. Choose smart. Look for the blue hearts.

Quality and cost efficiency can help lower the cost of care.

UnitedHealthcare has long recognized the direct relationship between health care quality and successful outcomes.

When doctors practice evidence-based medicine and follow medical society and national industry standards, there are likely to be fewer complications and repeat procedures.

Empowering your employees with the information to help them make more informed choices just makes sense. The UnitedHealth Premium program is available to members, at no additional cost, and is fully integrated into customer service, clinical and online member experiences.

UnitedHealth Premium symbols look like this:



Premium Care Physician.

The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria.



Quality Care Physician.

The physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care.



Not Evaluated for Premium Care.

The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process.



Does Not Meet Premium Quality Criteria.

The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation.

See the results.

As an employer, you need actionable information that helps you achieve improved employee health and productivity. The UnitedHealth Premium program helps empower your employees to make more informed health care decisions. Sharing this information with physicians also helps health care professionals deliver quality care and use health resources efficiently. The result is a better health care system for all.

Help your employees choose quality, cost-efficient health care.

Poor quality care can lead to higher complication and surgical repeat rates, unnecessary hospitalizations and longer hospital stays.

As an employer, one of the ways you can help your employees get healthier and stay that way is by providing access to physicians who have been recognized for providing quality and cost-efficient care.

UnitedHealthcare helps deliver access to the resources and personal support your employees may need when choosing the care that's right for them. Easy-to-use tools can help employees:

- Find a doctor who meets quality and cost-efficiency guidelines.
- Estimate the costs of specific services ahead of time.
- Discuss treatment options with a physician.
- Manage their claims.

Lower medical costs.

The Premium Care Physician blue hearts symbol can help your employees find doctors who have been recognized for following evidence-based medicine. These physicians have met the UnitedHealth Premium program criteria for providing quality and cost-efficient care.

All specialties.

For all 16 Premium specialties evaluated in the UnitedHealth Premium program, Premium Care Physicians¹ had:

18%

lower per episode or per patient cost than non-Premium Care Physicians.²

Specialists.

Orthopedic surgeons who are Premium Care Physicians¹ have **12%** lower complication rates for knee replacement procedures and:

41%

fewer redo procedures for knee replacement procedures than other orthopedic surgeons who are not Premium Care Physicians.²

Fewer redos.

Gastroenterologists who are Premium Care Physicians¹ have:

35%

fewer redo procedures for diagnostic colonoscopy than other gastroenterologists who are not Premium Care Physicians.²

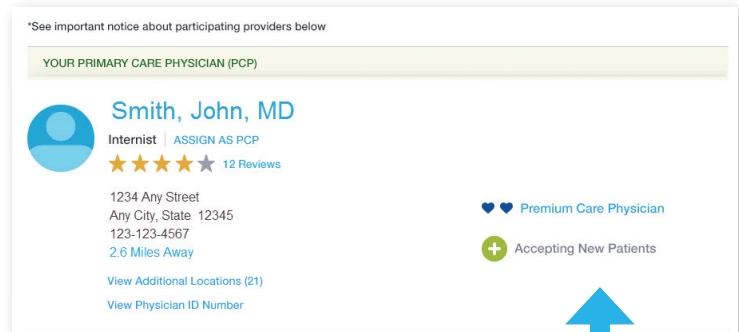
¹ UnitedHealth Premium Care physicians are designated for quality and cost efficiency.

² 2018 UnitedHealthcare Network (Par) commercial claims analysis for 16 specialties and 169 markets. Rates are based on historical information and are not a guarantee of future outcomes.

Help employees make informed health care decisions.

The Premium designation can help your employees review their options and make more informed decisions when choosing a doctor.

Premium Care Physicians are integrated into online and Open Enrollment materials as well as customer service resources and clinical resources.



Here's how it looks on myuhc.com.

Preferred providers search capability.

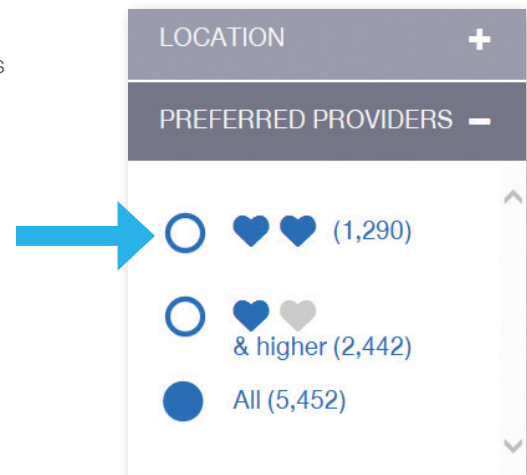
The Premium Care Physician blue hearts symbol can help your employees find doctors who have been recognized for providing value. These physicians have met the UnitedHealth Premium program criteria for providing quality and cost-efficient care.

Businesses benefit from rigorous quality and cost-efficiency measurements.

The UnitedHealth Premium program evaluates physicians in various specialties using evidence-based medicine and national standardized measures to help your employees locate quality and cost-efficient providers. Currently, the program is available in 169 markets across 44 states.

We use clinical information from health care claims to measure how physicians comply with evidence-based guidelines for quality and local market benchmarks for cost efficiency.

Quality guidelines were developed using evidence-based standardized measures. Cost efficiency is based on local market and specialty-specific benchmarks.



Select type of preferred provider to view on myuhc.com.

The UnitedHealth Premium Program includes these specialties and subspecialties.

Allergy

- Allergy
- Allergy and Immunology

Cardiology

- Cardiology
- Cardiovascular Disease
- Cardiac Diagnostic
- Interventional Cardiology
- Clinical Cardiac Electrophysiology

ENT

- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Head and Neck Surgery
- Laryngology
- Rhinology

Endocrinology

- Endocrinology, Diabetes and Metabolism

Family Medicine

- Preventive Medicine
- Family Practice
- General Practice

Gastroenterology

- Digestive Diseases
- Endoscopy
- Hepatology—Liver Disease
- Gastroenterology

General Surgery

- Abdominal Surgery
- Proctology
- Colon and Rectal Surgery
- Surgery

Internal Medicine

- Internal Medicine
- Pediatric Internal Medicine

Nephrology

- Nephrology

Neurology

- Neuromuscular Disease
- Neurology
- Neurology and Psychiatry

Neurosurgery,

Orthopedics and Spine

- Orthopedic Surgery
- Neurology Surgery
- Shoulder Surgery
- Knee Surgery
- Back and Spine Surgery
- Sports Medicine
- Hand Surgery

Obstetrics and Gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

Pediatrics

- Pediatrics
- Pediatric Adolescent
- Adolescent Medicine

Pulmonology

- Pulmonary Medicine

Rheumatology

- Rheumatology

Urology

- Urology

The UnitedHealth Premium program is an information resource to help our members choose a physician. It may be used as one of many factors members consider when choosing a physician. As with any performance assessment program, physician evaluations have a risk of error. Please visit myuhc.com® for detailed program information and methodologies.

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