







# Compare care options to help keep costs down

Getting care at the place that best fits your condition or situation may save you up to \$1,900 compared to an emergency room (ER) visit.\* If you have a life-threatening condition, call 911 or go to the ER. For everything else, it may be best to contact your primary care provider (PCP) first. If seeing your PCP isn't possible, it's important to know your immediate care options, especially before heading to the ER.

Care options to consider and approximate costs	Start Here			
	 <b>PCP</b> Care from the doctor who knows you best	 <b>Convenience care</b> Basic conditions that aren't life-threatening	 <b>Urgent care</b> Serious conditions that aren't life-threatening	 <b>Emergency room</b> Life- and limb-threatening emergencies
Average cost*	\$155	\$95	\$180	\$2,100
Hours	Varies by location	Varies by location	Varies by location—may be open nights/weekends	24/7
How to connect	Contact your PCP	myuhc.com®	myuhc.com	myuhc.com

✓ indicates the recommended place for care for the following common conditions:

Broken bone			✓	✓
Chest pain				✓
Cough	✓	✓		
Fever	✓	✓		
Muscle strain	✓	✓		
Pinkeye	✓	✓		
Shortness of breath				✓
Sinus problems	✓	✓		
Sore throat	✓	✓		
Sprain	✓	✓	✓	
Urinary tract infection	✓	✓		

**Need to find a network provider or PCP?** Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to [myuhc.com](https://myuhc.com).

**Not sure where to go for care?** Call the number on your health plan ID card.

continued



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\*Source 2018: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated \$1,900.00 difference between the average emergency room visit and the average urgent care visit.) The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

Check your official health plan documents to see what services and providers are covered by your health plan.

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